### Plan of Work for Improvement of Pond Watershed at Avon Hall in Town of Washington, Virginia

by Rappahannock Friends and Lovers of Our Watersheds

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#### **Contributors:**

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BJ Valentine, Soils Specialist
Virginia Valentine, Biologist
Lou Verner, Aquatic Naturalist, VA DGIF
Greg Wichelns, Culpeper Soil & Water Conservation District

Updated April 26, 2013

For background to this project please see <a href="http://rappflow.org/projects/avon-hall-documents/avon-hall-pond.pdf">http://rappflow.org/projects/avon-hall-pond.pdf</a>

Soil analysis is at <a href="http://rappflow.org/projects/avon-hall/documents/Avon%20Hall%20soil%20Survey">http://rappflow.org/projects/avon-hall/documents/Avon%20Hall%20soil%20Survey</a> %20info NRCS%20web%20soil%20survey.pdf

For questions please contact <u>beverly@bevhunter.com</u> or Marc Malik [<u>marc.malik172@gmail.com</u>] or John Fox Sullivan, Mayor of Washington

#### Outline

- ▲ Goals and Objectives
- Maps
- ▲ Work Schedule

## Goals and objectives of the Town of Washington and RappFLOW for the Avon Hall Pond Ecosystem Enhancement and "Turf to Native Plants" Project

#### **Overall Goals (2013 – 2018)**

- A Showcase best management practices for a small urban pond watershed and stormwater management, especially those practices employing low-impact landscaping with native plants.
- A Mitigate and filter stormwater runoff from the intensive-use County buildings and parking lots at the western side of the pond watershed, and from future expansion of County buildings.
- A Enhance the aesthetics of the viewsheds from all four directions towards the pond environment.
- ▲ Increase biodiversity of the ecosystem of the pond watershed; monitor and document.
- A Enhance water quality in and downstream of the pond.
- A Serve as an educational demonstration and an educational resource for schoolchildren and teachers.
- ▲ Integrate pond watershed management practices with related public space projects and organizations within the Town of Washington Commons program (e.g. walking trails, butterfly gardens, sewage treatment plant, signage, etc).

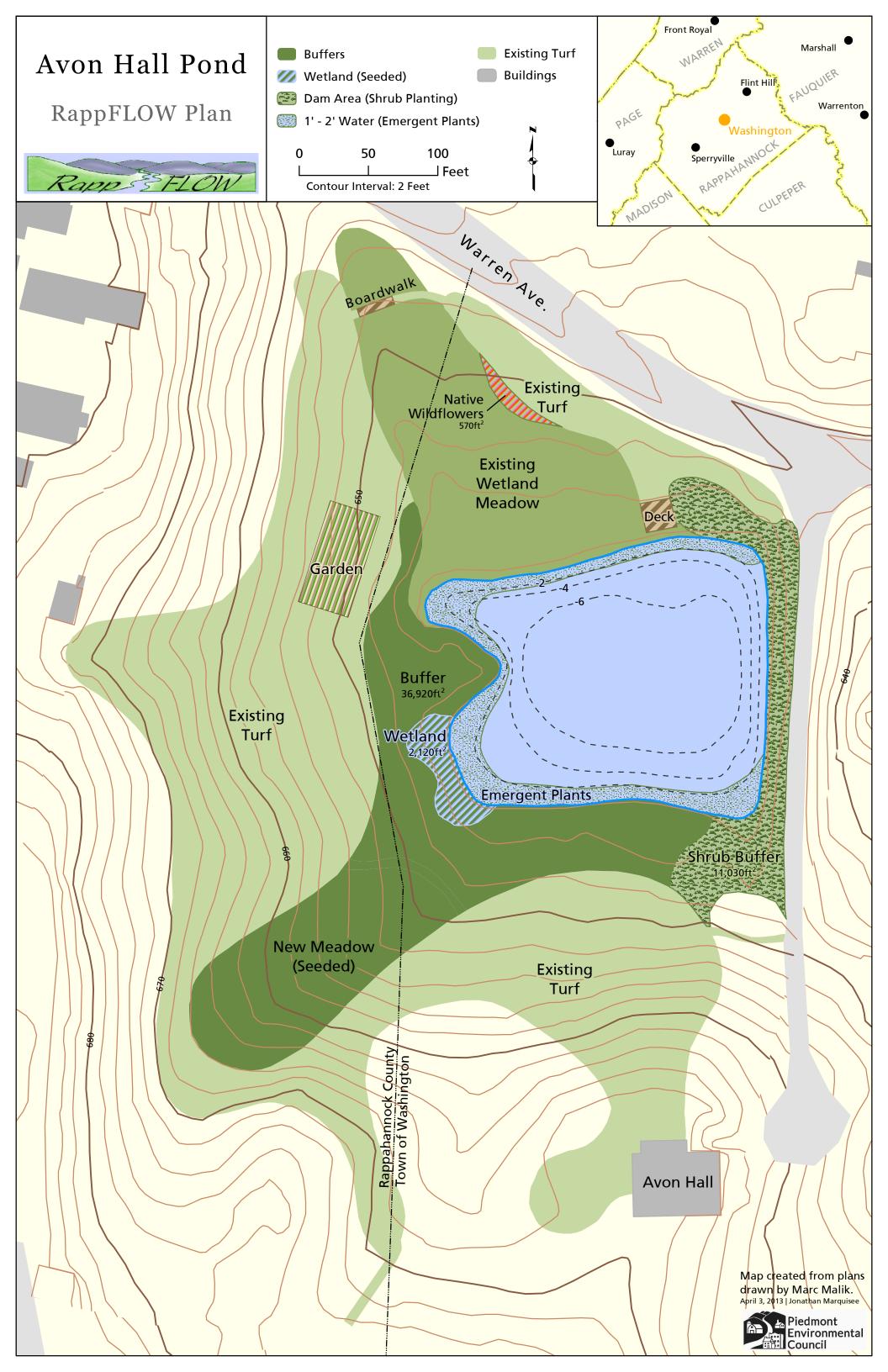
## **Turf-to-Natives Objectives (2013 – 2014)**

- A Successfully convert designated area of previously mowed turf in the pond buffer to native grasses and forbs (state actual area in sq ft here).
- A Enhance the viewshed of the pond from Warren Avenue.
- A Demonstrate benefits to the pond health from buffer protection and other landscape practices, as measured by inventories of biodiversity and water quality measures over time.
- ▲ Minimize the active management required to maintain landscape improvements over time.
- ▲ Inform the Turf Conversion to Natives program (VA) and the public by documenting all processes, products, costs, and assessments and making all information accessible on the <a href="https://www.rappflow.org">www.rappflow.org</a> web site.
- A Ensure that designed maintenance procedures are institutionalized.
- A Provide signage and other methods for educating both casual and intentional learners concerning the features, methods, functions and benefits of the project practices, plants, and biodiversity.

#### **Organizations involved to Date (since 2008)**

RappFLOW (about 10 leader/volunteers to date); USGS (BJ Valentine); Culpeper Soil & Water Conservation District (Greg Wichelns); Town of Washington (Claudia Mitchell, John Sullivan, Dan Spethmann); Sunnyside Farm biologist (Sam Quinn); Bruce Jones, conservationist; VA Dept Game & Inland Fisheries (Lou Verner); Tim Bondelid, Hydrologist; VA Dept Health (Virginia Valentine); Old Rag Master Naturalists; VA Ag Extension (Kenner Love); Rappahannock County (John McCarthy)

The soil survey shows two map units in and around Avon Hall that are very promising if you want to grow wetland vegetation. Worsham is considered a hydric soil, which means it is capable of supporting hydrophytic vegetation and the map unit Meadowville under the right conditions can (i.e. poor soil structure, landscape position) could have a watertable within 20 inches of the surface (See Hydric Soil Section of report). And with the pond holding water fairly well we have good conditions to support the proposed buffer. Soil analysis is at <a href="http://rappflow.org/projects/avon-hall/documents/Avon%20Hall%20soil%20Survey%20info">http://rappflow.org/projects/avon-hall/documents/Avon%20Hall%20soil%20Survey%20info</a> NRCS%20web%20soil%20survey.pdf



#### **Avon Hall Pond Restoration Work Schedule**

#### April - May 2013

Soil and Water tests will be conducted before any work is begun to establish a study baseline. We will test for soil pH & nutrients. Recommendations from the Agricultural Extension office regarding soil improvements will be followed. Water will be tested for E coli, pH, temperature, turbidity, nutrients, and macro invertebrates if possible. To track changes in biodiversity, ongoing observation and cataloging of flora and fauna will begin.

#### New Meadow / Buffer area (see map)

After the grass has been given a chance to grow, the area will be moved to a consistent height of 3-4 inches.

The site will be prepared for the eventual planting of native grasses and wildflowers through the removal of non-native cool season grasses. This work will be done by a licensed herbicide applicator (April 25). Within three weeks, machine raking and leveling will be done to ensure seed contact with soil.

Following ground preparation, the site will be seeded by supervised volunteers with a temporary, annual cover crop of native oats and wildflowers. See attachment for species, sources, application rate, costs. The area will be lightly mulched with straw. The seeding and mulching will be done by volunteers, under the supervision of an experienced landscape gardener. In order to insure plant establishment, a temporary watering system will be implemented if there is insufficient rain-fall.

#### July - August 2013

If needed, the New Meadow / Buffer area will be mowed and prepared by removing any invasive warm season grasses that have come up in the buffer area. At this time there is no evidence of a heavy presence of non-native warm season grasses.

To mitigate stormwater runoff between the upland parking lot and the buffer area, grass in the mowed turf area will be mowed to a height of 3-4 inches rather than the previous practice of 1-2 inches.

Rappflow members and volunteers will work to remove the submerged culvert from the pond and conduct an area trash pick-up. Some of the dock posts will be sawn level with the water surface to serve as turtle-basks.

#### Emergent Plants (see map)

Volunteers will work to plant emergent aquatic vegetation along the shallow (up to 12" deep) water's edge.

#### **September - November 2013**

New Meadow / Buffer area (see map)

The area will be mowed to a consistent height of  $\sim$  4" and the site will be prepared by removing non-native cool season grasses that come back in the Fall months. This work will be done by a licensed herbicide applicator. Some raking and leveling will be done to further prepare the ground. The area will be seeded with a temporary, annual cover crop of winter wheat and wildflowers. At this time we will also seed a mix of native perennial grasses and wildflowers that will establish as the permanent ground cover in the following spring. The area will be lightly mulched with straw. The seeding and mulching will be done by volunteers, under the supervision of an experienced landscape gardener. In order to insure plant establishment, a temporary watering system will be implemented if there is insufficient rain-fall.

#### April - May 2014

#### Shrub Buffer & Native Wildflowers (see map)

Under the guidance of an experienced landscape gardener, volunteers will plant the area along the dam of the pond with small, native, shrub plants and grasses. The Native Wildflower area along Warren Avenue will be planted with native wildflowers to increase its beauty. These areas will be prepared as necessary to remove problematic non-native species. Physical removal would probably be sufficient owing to the small size of the areas.

Some of the willows will be cut down and/or prunded along the North side of the pond to increase vistas along Warren Avenue.

## Avon Hall Pond Watershed Maintenance Plan (5 yr.)

## - 2013 -

Map Area	Maintenance Needs					
Existing Turf	Throughout the growing season, the existing turf area will be maintained by					
	regularly mowing the grass to a height of 3-4 inches. Barren areas will be repaired					
	and seeded as needed					
New Meadow /	As the annual cover on the meadow / buffer is establishing in Spring and Summer					
Buffer	(and again in the Fall) the area will need to be watered if there is insufficient					
	rainfall. There will also be a need to weed out any invasive species that return.					
Shrub Buffer	Until planting takes place in Spring 2014 the area should be left to grow, and					
	trimmed to a height of 10 inches. This will maintain the area as buffer until natives					
	are installed.					

## - 2014 -

Map Area	Maintenance Needs					
Existing Turf	Throughout the growing season, the existing turf area will be maintained by					
	regularly mowing the grass to a height of 3-4 inches.					
New Meadow /	As the perennial forbes & grass cover on the meadow / buffer is establishing in					
Buffer	Spring and Summer the area will need to be watered if there is insufficient rainfall.					
	There will also be a need to weed out any invasive species that return.					
	During the growing season, the meadow / buffer area will need to be mowed once					
	or twice to a height of 8-10 inches (This is to ensure that all of the plants get e					
	sunlight and opportunity to establish).					
Shrub Buffer	After the shrub buffer has been planted, there will be a need to water these larger					
	plants during their first 3-4 weeks. It will also be necessary to weed out invasive					
	competition.					
Native Wildflowers	During wildflower establishment it will be necessary to water and weed for					
	invasive species.					

## - 2015 -

Map Area	Maintenance Needs					
Existing Turf	Throughout the growing season, the existing turf area will be maintained by					
	regularly mowing the grass to a height of 3-4 inches.					
New Meadow / Monitoring and weeding for invasive competition. The meadow / buffer area wil						
Buffer need to be mowed to a height of 8-10 inches in mid-late June to aid in						
	establishment and to prevent any vigorous invasive species from re-seeding.					
Shrub Buffer	Monitoring and weeding for invasive competition.					
Native Wildflowers	Monitoring and weeding for invasive competition.					

## - 2016 -

Map Area	Maintenance Needs					
Existing Turf	Throughout the growing season, the existing turf area will be maintained by					
	regularly mowing the grass to a height of 3-4 inches.					
New Meadow / Monitoring and weeding for invasive competition. In early spring, the meadow						
Buffer	buffer area should be maintained by a controlled burn. If burning is not feasily					
	the area can be mowed short (3-4") and the chaff can be raked away to simulate					
	burning.					
Shrub Buffer	Monitoring and weeding for invasive competition.					
Native Wildflowers	Monitoring and weeding for invasive competition.					

## - 2017 -

Map Area	Maintenance Needs					
Existing Turf	Throughout the growing season, the existing turf area will be maintained by					
	regularly mowing the grass to a height of 3-4 inches.					
New Meadow /	Monitoring and weeding for invasive competition. In early spring, the meadow /					
Buffer	buffer area should be maintained by a controlled burn. If burning is not feasible,					
	the area can be mowed short (3-4") and the chaff can be raked away to simula					
	burning.					

## Ernst Conservation Seeds Inc

#### 8884 Mercer Pike Meadville PA 16335-9275

Phone (814) 336-2404; (800) 873-3321; Fax (814) 336-5191 www.ernstseed.com sales@ernstseed.com

#### Bill To:

The Farm at Sunnyside 201 Sunnyside Orchard Lane Washington VA 22747

Quote	117781	
Date	4/26/2013	
Page	_1	

Phone (540) 675-9946 Ext. 0000 Fax (000) 000-0000 Ext. 0000

E-mail

Purchase C	rder No		Shipping Method	UPS Shipper#	Payment Terms	Quote Expires	Salesperson ID
EM 042613		FARM013	UPS GROUND RES		Credit Card	5/26/2013	
Quantity		Item Number	Description			Unit Price	Ext. Price
0 00000		MIX				\$0.00	\$0.00
0.90000		LOLMUL01	Annual Ryegrass			\$0.60000	\$0.54
0.04000		CHAFAS01	Partridge Pea, PA Ecoty			\$10.00000	\$0.40
0.02000		CORLAN01	Lanceleaf Coreopsis, Co	pastal Plain NC Ecotype		\$14.00000	\$0.28
0.02000		RUDHIR04	Blackeyed Susan			\$24.00000	\$0.48
0.02000		ECHPUR01	Purple Coneflower			\$28.00000	\$0.56
0	Each	TOTAL	00.05			\$0.00	\$0.00
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			charge.				
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PRICES QUOTED ARE FIRM FOR 30 DAYS AND ARE F.O.B. MEADVILLE.
ITEMS QUOTED ARE SUBJECT TO AVAILABILITY AT TIME OF DELIVERY.
RETURNS OF INDIVIDUAL ITEMS AND ERNST MIXES ARE SUBJECT TO 10% RESTOCKING FEE
AND MUST BE MADE WITHIN 30 DAYS OF INVOICE DATE. NO RETURNS ON CUSTOM MIXES.
THERE IS A 25% RESTOCKING FEE ON CANCELLED OR RETURNED BIOENGINEERING ORDERS.

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Subtotal	\$2.26
Trade Discount	\$0.00
Shipping/Handling	\$0.00
Custom Mix Chg	\$0.11
Tax	\$0.00
Total US \$	\$2.37

# Virginia Cooperative Extension Soil Test Report

Questions? Contact: Rappahannock County Office P.O. Box 119 Washington, VA 22747 540-675-3619 Virginia Tech Soil Testing Laboratory 145 Smyth Hall (0465) Blacksburg, VA 24061 www.soiltest.vt.edu

SEI	E NOTES:		
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AMISSVILLE, VA 20106

#### SAMPLE HISTORY

Sample	Field	LAST CROP			T LIME ICATION		SOI	L INFOR	MATION	
ID	ID	Name	Yield	Months Prev.	Tons/Acre	SMU-1 %	SMU-2 %	SMU-3 %	Yield Estimate	Productivity Group
1	1	Native or Unimproved Pasture (42)				WOA 100				IV

LAB TEST RESULTS (see Note 1)

Analysis	P (lb/A)	K (lb/A)	Ca (lb/A)	Mg (lb/A)	Zn (ppm)	Mn (ppm)	Cu (ppm)	Fe (ppm)	B (ppm)	S.Salts (ppm)
Result	20	76	753	168	13.0	16.0	1.4	73.1	0.2	
Rating	M-	M-	M-	H-	SUFF	SUFF	SUFF	SUFF	SUFF	

Analysis	Soil pH	Buffer Index	EstCEC (meq/100g)	Acidity (%)	Base Sat.	Ca Sat. (%)	Mg Sat.	K Sat. (%)	Organic Matter (%)
Result	5.7	6.13	4.3	37.5	62.5	44.0	16.2	2.3	

#### FERTILIZER AND LIMESTONE RECOMMENDATIONS

Crop: Native or Unimproved Pasture (42)

Lime, TONS/AC				
Amount	Type			
1.75	AG			

Fertilizer, lb/A						
N	P205	K20				
See	90	90				
Comment						

- 825. If stand contains less than 25 percent clover, apply 40-60 lbs N/A.
- 131. If additional production is needed later on, apply 40 to 60 lbs/A of N during the grazing season. If you are planning to overseed a legume into the stand, omit the N recommendation.
- 123. P2O5 and K2O recommendations are for single applications made every 3 to 4 years. After this time, soils should be re-tested.
- 990. We are trying to improve our service. PLEASE take a moment to complete our brief, anonymous customer survey at tinyurl.com/soiltestsurvey
- 991. Numbered notes are viewable at http://www.soiltest.vt.edu/Files/publications.html